

Joan Yun is a native Korean speaker and Freshman Skills Day leader

by Rheagan Rizio

Sports Editor

At first glance, LGHS senior **Joan Yun** is just a typical high school student who enjoys hanging out with friends, watching television, and eating fruit (she is a self-described fruit monster). However, there is much more to Yun than initially meets the eye.

For example, Yun's first language was not English but Korean. "I grew up speaking Korean," says Yun, "I still speak it frequently at home, but English is definitely my dominant language now." Yun is also quite musically adept, as she plays the piano and ukulele. She has a unique taste in music. Some of her favorites include Frank Sinatra, John Mayer, and Biggie Smalls. Yun also enjoys classical music, and finds it extremely relaxing to listen to after a long day of rowing.

Crew is a dominating part of Yun's life, consuming much of her after-school time. "I started rowing my freshman year, and it pretty much took over my life," reflects Yun. "I started because I'm not very coordinated, and rowing is just repetitive motion. We practice about 19 hours per week. On Saturdays I usually go to practice and then collapse into a five-hour coma to recuperate and prepare myself to function for the rest of the week." Yun strongly believes that the



photos courtesy J. Yun

lessons she has learned in crew are applicable to everyday life as well, stating that "[crew] definitely teaches you to be tough and strong-willed, and to always be determined and work your hardest."

In addition to doing crew, Yun still finds time to participate in other extracurriculars. She is a member of the Freshman Skills Day team Body/Self Image. "I think Freshman Skills Day is extremely important," says Yun. "It's a great way to introduce freshmen to the school, and to warn them about challenges they may have to face during their time here. I think it also helps to build a sense of community as well, and it really sets us apart from other high schools and makes us unique."

Yun also works extremely hard academically. This year she is in four AP classes (Biology, English, Statistics, and US government) and dreams of one day becoming a nurse. "Helping people is very important to me," says Joan. "Nurses interact with patients and are really a vital part in today's healthcare system. I really want to dedicate my life to helping people and look forward to doing this as a nurse." Yun is not only a great athlete but is also a great student. With her academic prowess and determination to succeed, Yun certainly has a bright future in the medical field.

Caitlin Cozine helps Chinese children and confused cats

by Lauren Fredericks

Web Editor

On any given day, you can find sophomore **Caitlin Cozine** making a difference in someone's life. Whether she is attending to an impoverished child or doting on her lovable cats, Cozine is always ready to lend a helping hand.

It is hard not to have met Cozine given her wide range of activities. She is an active member of mock trial, a tennis player, and the Vice President of the Animal Rights Club. Cozine has also started the Girls Learn International club and writes for the San Jose Mercury News. She loves learning, which is evident with her hard work in her honors classes.

Although Cozine may seem like a daring and extreme person, she admits that she is often "all talk." Cozine enjoys spending time with friends and watching entertaining Vine videos. Cozine



adores her cats and is a self-proclaimed "Crazy Cat Lady."

Her compassion reaches more than animals. After reading the book *Half the Sky*, by Nicholas Kristof and Sheryl WuDunn, a novel about oppression against women, Cozine decided something had to be done. She applied online and soon became president of her own division of Girls Learn International, or GLI. According to Cozine, "the club works to raise money and awareness for girls who lack behind boys in education." She hopes to spread the word about her cause and improve the lives of these girls.

Cozine was further inspired to help others after visiting China last summer. While there, she visited children in the hospital with congenital heart diseases. She also spent time with children of migrant workers and helped to teach them English. Cozine was amazed by everything she saw and says it made a huge difference in her life. "They had so little," Cozine remarked, "and they were still so happy and excited to be there." The fact that unlike many children in America,



photos courtesy C. Cozine

these kids loved school and yearned for knowledge moved her. Seeing the young children's eagerness to learn and their joy in life added to Cozine's desire to make a difference in education.

Cozine is also taking big steps locally. She is currently writing her first article for the San Jose Mercury News. Along with about twenty other teens, Cozine has been given the opportunity to work alongside Bay Area journalists and write feature stories from the perspectives of teenagers. Cozine is enthusiastic about this new position and the opportunities that may follow.

As for her future, Cozine is open to whatever life hands her. She is interested in possibly pursuing a career in international relations or journalism, but is not limiting herself to any specific field. For now, she is content with curling up on the couch with her cats and diving into her favorite Harry Potter books.

DAVIS ENGELMAN SHOOTS STRAIGHT

by Ari Sweedler

People Editor

Sophomore **Davis Engelman** is a creator and an archer. Whenever Engelman feels an urge to express his creativity, he goes to his grandfather's woodworking shop. One of Engelman's most recent creations is a set of wooden swords, designed to be used in his "Arthurian Legends video," a project for his honors English class. In addition to a sword, Engelman has also made a shield and a long-bow for a Halloween costume, which now sit "in some corner of the garage with everything else I make."

Unfortunately, Engelman currently has less time for these creations, as a majority of his time is now dedicated to archery. Engel-

man, who has been shooting since he was only eight, joined the competitive archery team "All-American Archery" last summer. Engelman states that he usually shoots no less than ten hours a week. "Most of the time, it's three hours a day."

During archery practices, Engelman shoots thirty-arrow practice rounds where he focuses on strength and form. There is never a break for Engelman, for there are tournaments every week, usually on Thursday nights. In addition to these small tournaments, there are four large regional tournaments a year, one indoor and three outdoor events, with the indoor event usually setting the target at twenty meters, while the outdoor events range from twenty to seventy meters.

Because Engelman has a tight "cone of fire," the name designated to an archer's average error margin, he prefers to shoot at the seventy meter targets. Engelman described a cone of fire as "a huge cone coming out of the tip of my bow, it's basically how much I miss by." In addition to shooting arrows for precision practice, Engelman must use stretch bands to work on strength. Stretch bands are "just like weights, but horizontal." Stretch bands are better than regular dumbbells because "they force you to use the same muscles that you need to shoot with."

Overall, Engelman is enjoying archery and creating whatever he dreams up. He will continue to look forward to the weekly tournaments for as long as he is an "All-American Archer," which he hopes he will be for "a long, long time."



photo courtesy D. Engelman

Alex Goodenough is a soccer star

by Rachel Salisbury

Opinion Editor

As he quickly adjusts to life at LGHS, freshman **Alex Goodenough** has managed to continue investing his time in soccer while also discovering new areas of interest, such as the Multimedia Journalism elective.

Goodenough spends the majority of his time playing soccer both recreationally and with his competitive team, the Los Gatos Panthers. He says, "When I'm bored, I play soccer. When I'm not bored, I make time to play soccer." His favorite things about soccer include the feeling of comradery among his teammates and the sense of competition. His love for the sport may stem from the fact that it was forbidden to him originally, as he was not allowed to play soccer when he lived in England. This was due to the violent and overly-competitive nature surrounding the soccer leagues in his hometown. Once he moved here, the attitude with regards to soccer was more relaxed, so his mother encouraged his involvement in the sport.

Being able to play soccer wasn't the only improvement Goodenough noticed after moving to Los Gatos. He says, "People in Los Gatos are just generally nicer and there's a stronger sense of community. Also, the weather is a lot nicer." Although he moved here when he was only seven years old, Goodenough goes back to England every summer, so he is able to observe the difference between the two cultures. While in England, Goodenough spends time with his British family and watching professional soccer games, often supporting his favorite team, Manchester United.

As part of the Multimedia Journalism class, Goodenough enjoys editing video and working

with the different aspects of media. Goodenough says, "I like that we don't just write stuff down; we get to work with all different mediums and create something unique." During his first few months in the class, Goodenough interviewed LGHS teacher **Mrs. Wehr** and formatted his interview into an audio recording, in addition to many other smaller projects. He hopes to use the skills he has acquired from this class later in his life, although he is not sure exactly how he would use them or what profession he wants to go into.

On the whole, Goodenough has not found the transition into high school to be especially difficult. He says, "It's pretty much the same as middle school, just with more people and a little more homework." He is excited for the opportunities that lay in front of him as he continues his high school experience, especially the chance to try out for the school's soccer team and to continue acquiring skills through Multimedia Journalism.



photos courtesy A. Goodenough